

INSTRUCTIONS FOR PREP – SCRIPTURE MEMORIZATION

Scripture memorization is a powerful practice that can transform our lives from the inside out. By memorizing the Bible, we allow the thoughts of God to take root in us and bear fruit in our lives. You can also help others grow in their faith by modeling this life-giving practice and sharing it with friends.

Commit – What could it look like to make Scripture memorization part of your formation practices?

- Make a list of the challenges that are holding you back from memorizing more often.
- Make a list of the benefits of Scripture memorization. Reflect on passages that command memorization: John 15:7-8, Deuteronomy 6:4-9, Proverbs 2:1-5.
- Compare your challenges and benefits lists, and prayerfully reflect on them.
- Study the temptation of Jesus in Luke 4:1-12 and consider how having Scripture memorized was a great benefit to Jesus.
- Make a commitment to incorporate Scripture memorization into your routine.

Prepare – What and when will you memorize?

- Choose a verse, section, chapter, or book to memorize.
- Select a translation you will memorize from. Try to avoid heavily paraphrased translations. (NIV or NLT might be a good place to start.)
- Create a plan and set goals for yourself. When will you work on memorizing? By what date will you have certain sections memorized?
- Find someone who will check in with you and keep you accountable to your goals.
- Ask God to help you memorize his words and speak to you through them.

Practice – How will you memorize?

- Decide which memorization strategies work best for you. Think about what techniques have worked for you in the past or do some research to find new techniques.
- Common techniques include reading, listening, using mnemonic devices, repeating verses and sections, using visual cues, and utilizing memorization apps.
- Don't be afraid to try new strategies. Variety is key in fostering learning.
- Make reviewing a priority. Make sure to review at the end of every session and the beginning of your next practice session.

Share – How will you share this practice with others?

- Invite friends to memorize with you. This is a great way to encourage others in their spiritual journey and make the experience more engaging.
- Prepare to lead your friends by filling out the “Quick Guide – Scripture Memorization” document.
- Pray that your friends will grow in their faith and experience God speaking to them as they practice Scripture memorization.