

Faith & Chai: Discussion Questions

Option: Print out the questions, cut them into slips of paper, and place them in a bowl in the center of the group. During your discussion, have people take turns drawing a question and reading it aloud. Let the discussion flow and have someone draw a new question when people are ready to move on.

- 1. How has your faith influenced your cultural identity, and which components of your religious upbringing are most relevant to you?
- 2. Is your faith something you practice daily, weekly, monthly, yearly? How does it influence your day to day life?
- 3. What does the word "Religion" mean to you?
- 4. What do you think God is like and how did you form those ideas?
- 5. What do you think is humanity's basic problem? What solutions do you see to this?
- 6. What is the central message or chief goal of your faith?
- 7. In your opinion, what is the purpose of life? Why do you think this is such a difficult question to answer?
- 8. What do you think God expects of us? What do you expect from God?
- 9. Do you practice your religion differently than your parents? If so, why?



- 10. Are you interested in learning about other religious traditions? If so, what aspects interest you and why?
- 11. What is a mis-conception someone has made about your faith or religious background? How did you react?
- 12. What is something you find funny about faith and spirituality?
- 13. How do you define good and evil? Where did you get those ideas from?
- 14. What is the strangest thing that your parents wanted you to believe? What is something you were forced to believe growing up?
- 15. What are areas of doubt you experience personally? Where do you struggle to believe?
- 16. Are there any ideas or concepts that you feel are shared by different South Asian faiths, and how do they contribute to a sense of community or diversity?
- 17. Can you share an important ritual or practice from your faith that is meaningful to you, and how does it contribute to the cultural aspect of your community?
- 18. In what ways have you experienced or enjoyed features of various South Asian faiths and how would interfaith understanding benefit our community?
- 19. What challenges or misconceptions have you faced as a member of your faith, and how can we address them?



- 20. How do your faith's sacred writings or scriptures influence your moral and ethical ideals, and are there any specific teachings that speak to you?
- 21. How do art, music, and literature help you express your religion, and are there any cultural traditions that are particularly spiritually significant to you?
- 22. How does your faith foster community involvement and social responsibility, and can you share any personal experiences or efforts demonstrating this?
- 23. Looking ahead, what are your hopes and aspirations for fostering greater understanding and collaboration among South Asian communities with diverse religious backgrounds?