
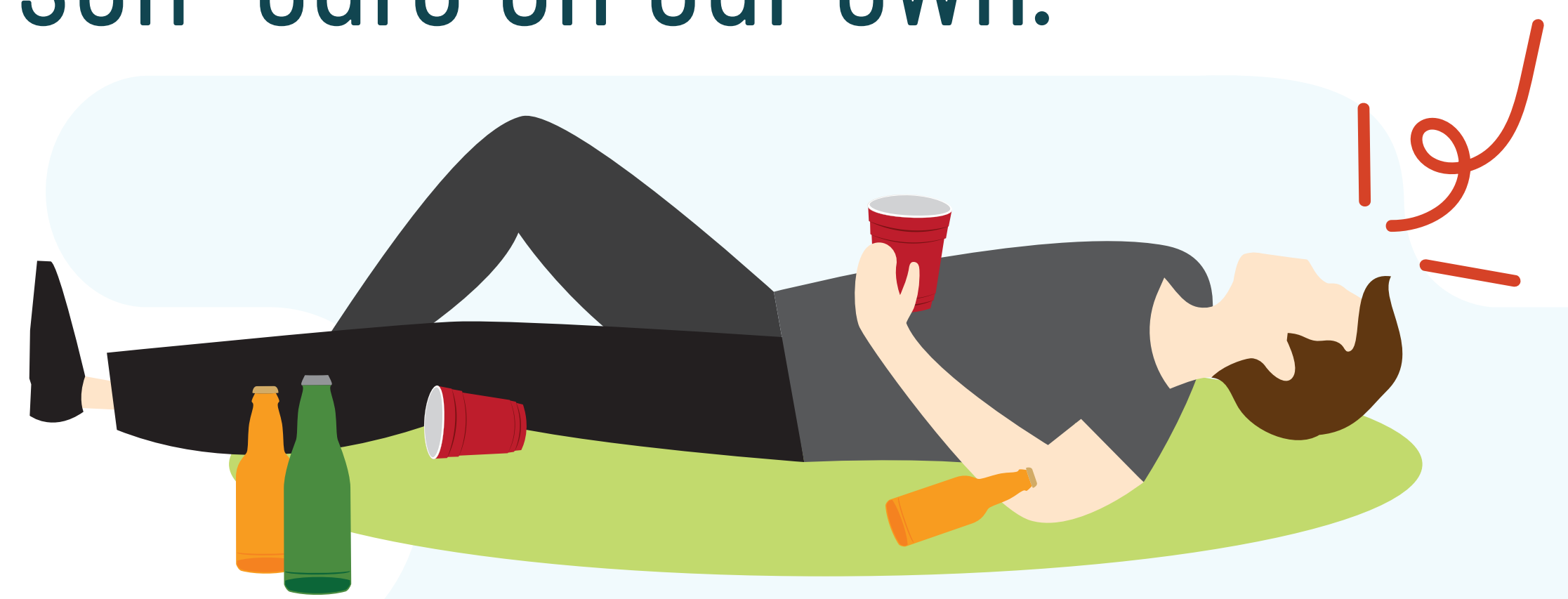




God gave us the **beautiful gifts**  
of bodies, souls, and relationships.

But we decided we could do great self-care on our own.  
We could not, and we **damaged**  
the gifts God gave us.

An illustration of a person lying on their back on a green surface, holding a red cup. A black bottle and a green bottle are also on the surface. The person is wearing black pants and a black shirt. The background is a light blue gradient.

God did not give up on us. Jesus came to restore our bodies, souls, and relationships through dying and coming back to life. Jesus offers us **peace and life to the fullest.**

When we join Jesus, we join his **community of connection, thriving, and justice**. On a scale of 1 to 10, how interested are you in walking with Jesus?

