

## A MIXED BLESSING

[adapted from the "Prayer of St. Patrick"]

Can also be used communally.

*As I step forward today*  
may the strength of God direct me and  
the wisdom of God guide me  
**through all my Mixed feelings.**

*May the ear of God hear me*  
and the eye of God look at me with love  
**in the Mixed body that God created.**

*May Christ hold me today*  
Christ with me, Christ before me  
Christ all around me, and Christ in me.

Jesus the Christ, our Brown, Mixed,  
Middle Eastern & North African  
Savior who dwelt among us  
**and whose Spirit dwells in my Mixed body.**

*May Holy Spirit be in the heart of everyone*  
who thinks of me,  
as I think of others.  
May Holy Spirit affirm me to worship and serve  
**through my Mixed experiences.**

*As I step forward today*  
may every step be proof of God's care  
and intentionality in creating me  
to receive love and care,  
**and to be a Mixed blessing.**